

Mango, Almond butter, Garbanzo bean, Quinoa salad

2 cups dry garbanzo beans, pressure cooked 85-90 minutes
2 cups dried quinoa, rinse, cook like rice

1 greenish mango, shredded
1 cucumber, shredded
1 bunch of kale, soaked in water, chopped
1 red onion, minced
2 fresh tomatoes, diced

Dressing, mix in food processor

1/2 cup almond butter
1/3 cup lime juice 1 1/2 large limes
2 cloves garlic
1 jalapeno pepper
1 1/2 Tbsp salt
2 Tbsp. Tamari
2 Tbsp. Maple syrup